

*Holiday Inn*

# BREAKFAST



TEA  
OR  
COFFEE?

## CONTINENTAL BREAKFAST

*However you like to start your day, we've got something for you.  
That's the joy of a continental breakfast, you decide where to begin!*

### PERFECT PORRIDGE ✓

Good for heart and cholesterol health, made with semi-skimmed milk

### AMERICAN-STYLE PANCAKE STACK ✓

Fluffy pancakes - drizzle with runny honey and butter, top with fruit. Or go North American with maple-flavour syrup

### TODAY'S BREADS

Wholemeal or white sliced bread plain or toasted or freshly home-baked bread of the day

### JAMS & SPREADS ✓

Strawberry, Marmalade, Honey, Marmite, Nutella

### OUR PASTRIES ✓

Croissant, Pain au Chocolat, Pain aux Raisins, selection of mini cakes & bites

### OUR MUFFINS ✓

Your choice of rich, decadent chocolate or moist fruity blueberry

### CLASSIC CEREALS ✓

Weetabix  
Coco Pops  
Frosties  
Granola  
Bran Flakes  
Corn Flakes

### FRESH FRUIT ✓

Help yourself to our selection of lovely seasonal fruit

### FRUIT SALAD ✓

Juicy and zingy, healthy and colourful

### FRESH YOGHURT ✓

Selection of natural yoghurt  
Flavoured or soya yoghurt

### DRIED FRUITS, NUTS & SEEDS ✓

Naturally high in fibre

### CHEESE & CHARCUTERIE

Selection of cold meats and cheeses

ENJOY WITH  
A MORNING  
BREW

## COOKED BREAKFAST

*A delicious and hearty breakfast full of all the classics you know and love*

### EGGS ✓

Your choice of fried, scrambled or boiled

### BACK BACON

Freshly grilled

### SAUSAGES

Traditional pork, simply grilled  
Cumberland sausage  
Vegetable sausage cooked to order

### BAKED BEANS ✓

High in fibre, high in protein

### MUSHROOMS ✓

Freshly sautéed button mushrooms

### FRESH TOMATOES ✓

Lightly browned under the grill

### HASH BROWNS ✓

Golden brown

## DRINKS

*A choice of the following drinks are included in both breakfast options  
Ask your server for a choice of hot or cold drinks from Starbucks*

### FRUIT JUICE

Your choice of cloudy apple, fresh orange, red berries or multi-vitamin

### HOT DRINKS ✓

Your choice of tea, coffee or hot chocolate

Please inform a member of staff before dining if you have a food allergy or intolerance. All food is prepared in an area where allergens are present. ✓ Vegetarian. ✓ Vegan. ✓ Vegan available. Adults need around 2000 kcal a day.

